



From the Director's Desk

Lindsay Hyvonen, Executive Director

Compassion in a Conflicted World

On June 24th we celebrated the victory of the **overturning of *Roe v. Wade***. This Supreme Court decision made abortion illegal in several states across the country, and it also thrust pregnancy centers, like Real Options, onto the front page of negative press. The message has been one of warning people against pregnancy centers. Added to this verbal affront, some pregnancy centers have come under physical attack through various means of vandalism, such as fire-bombing and graffiti. (Praise God our Manchester and Nashua centers have remained safe.)

When you stand for preborn life you will face opposition, however one must ask, "Do they really understand what we do?" Our staff and volunteers offer compassion and care to those we serve. They come in day after day because they are committed to being the hands and feet of Jesus to those facing unplanned pregnancies. When you couple that with all of the services we provide to the community

free of cost and free of judgment, such as pregnancy testing, limited obstetric ultrasounds, parenting classes for moms and dads, material support (clothing, formula and diapers), adoption referral services, and post abortion ministry, you are left scratching your head as to the reason why such violence and warnings against pregnancy centers are taking place.

In spite of all this, we are unwavering in our mission. We say with confidence, "If God be for us who can be against us?" (Romans 8:31) God is the giver and sustainer of life, and He remains ever at the helm of the ministry of Real Options. Although a post-Roe world has left us with the task of implementing more safety and security measures, it has not changed how we minister to those facing unplanned pregnancies here in New Hampshire. We press on with the work that is laid before us with renewed vigor and a reminder that with God all things are possible

It is an honor to support these incredible individuals in our communities!



Matthew receives a certificate from Client Advocate, Ron for completing 10 weeks of "Practical Fatherhood" training.



Caroline is busy shopping in one of our beautiful boutiques with the "Mommy Dollars" she earned taking parenting classes.



Congratulations to Katie on the birth of her handsome son Caleb.

Mending Hearts: A Post Abortion Ministry

by Kim Nine, Real Options Client Advocate



Many women who have had an abortion in their past often have tremendous shame and guilt which can become a debilitating, life-altering consequence. These women can live for decades with depression, poor relationships, and poor self worth as everything is filtered through the grid of this tragic choice. They have often suffered privately, having never shared their pain.

In our eight-week Mending Hearts Bible Study we share the forgiveness and freedom given through Christ. Because of His death, burial and resurrection for our sins (1 Corinthians 15:1-8), as we believe and receive His forgiveness, the weight of this can be unloaded at the foot of the cross where Jesus died for even those who have aborted their babies. A new light has dawned for them. They are free now to understand the truth of who they are in Christ, a forgiven (1 John 1:9) and beloved daughter (John 3:16, Romans 5:8), one with hope and a future (Jeremiah 29:11), one with God-given meaning and purpose. It is a joy

and honor to watch the Life Giver restore these dear ones to the relationship they were always meant to have with God through Christ and to a life of joy!

One of the most cherished parts of the Bible Study is a memorial service held at a local cemetery where a beautiful monument has been erected to honor these lives that have never been born. At Real Options we celebrate the redeemed life that we have so graciously received in Jesus. We are honored to share the healing and forgiveness freely offered in Him to those wounded by the choice of abortion.

Please call either center for more information about our Mending Hearts post abortion recovery groups.

Remembering Wayne . . .



Earlier this year, one of our dear board members, Wayne Griffin, went home to be with the Lord. Along with serving on our Board of Directors, Wayne also dedicated time to the Special Olympics and served in various leadership roles over the years with the Knights of Columbus. We are forever grateful for his dedication to the ministry of Real Options. He is greatly missed.



Current Needs:

- New or Modern Maternity Clothes
- Larger Diapers in Sizes 4, 5, and 6
- New Car Seats

Please visit Thefriendsoflife.org today to learn about other opportunities to support the ministry.
Thank you!

www.realoptionsnh.org (client website)

www.TheFriendsofLife.org (donor website)

Manchester

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Manchester, NH 03101
603.623.1122
infomanchester@realoptionsnh.org

Nashua

110 Main Street
Nashua, NH 03060
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Real Options Newsletter is a publication of Crisis Pregnancy Center of Manchester and Nashua DBA Real Options. Real Options empowers individuals to make informed, life affirming decisions relating to pregnancy, sexual health and relationships, by sharing the practical love of Jesus. All services are free and confidential.

CPC Board of Directors: Michael Danis, Kathy Edelblut, Dick Nagel, David Spataro, Lynn Thieret, Neil Neveu, Braunda Butt • Medical Director: Dr. Nicole Varasteh • Staff Nurse: Rachel Teague, RN • Executive Director: Lindsay Hyvonen • Center Manager: Crystal Chamberland • Editors: Mary Ann & Ed Edman



WALK FOR LIFE 2022

We give God all the glory and honor for another record-breaking Walk for Life this year! Thank you to those who made this event possible, including Trinity Life Community Church for allowing us the use of their beautiful outdoor space again. More than 1,000 sponsors supported 152 registered walkers, and an incredible \$82,904 was raised!

PLEASE ENJOY THESE BEAUTIFUL PHOTOS FROM THE EVENT!



Shine God's Light

Thank you so much to the following for their generous donations to support our Walk for Life:

- Aubin Hardware
- The Bagg Lunch
- Bonhoeffer's Cafe
- Brickhouse Drive-in
- Cactus Jack's/T Bones
- Carrabba's Italian Grill
- Chick-fil-A
- Copper Door
- Crosby's Bakery
- Double Tree Hilton Hotel Nashua
- Freihofer Bakery
- Goedecke Flooring and Design
- Giant of Siam Restaurant
- Goffstown Hardware
- Grace Lutheran Church
- Gurney's Automotive
- Hannaford Supermarket
- Jacques Flowers
- Jimmy's House of Pizza
- Kimberly Rairdon Photography
- King Bowling Lanes
- Morning Star Bookstore
- Nadeau's Sub's
- North Garden Restaurant
- The Old Salt Restaurant
- Pappy's Pizza
- Pizza Market
- Puritan Backroom
- Shiloh Food Pantry
- Shorty's Mexican Roadhouse
- Symphony NH Orchestra
- Trader Joe's
- Trinity Life Community Church
- Two Two Creations/ Etsy Shop
- Venice Pizza



Real Options

PREGNANCY HELP SERVICES

Business Office
110 Main Street
Nashua, NH 03060

A Care Net Center

Non-Profit Org.
U.S. Postage Paid
Nashua, NH 03060
Permit Number 66

RETURN SERVICE REQUESTED

FRIENDS OF REAL OPTIONS

THANK YOU FOR YOUR SUPPORT!
From encouraging letters, phone calls
and emails checking on our safety,
diapers and formula delivered
to our doors, and financial gifts—
you are making a difference
for LIFE and
we appreciate you!

PLEASE JOIN US FOR THE

Real Options 

Annual Night of Giving Banquet

FRIDAY,
OCTOBER 21ST
2022

SEATING BEGINS AT 6:00PM.
DINNER SERVED AT 6:30PM.

RESERVATIONS REQUIRED



ALPINE GROVE
BANQUET FACILITY
19 SOUTH DEPOT RD
HOLLIS, NH

TO REGISTER OR FOR MORE
INFORMATION,
CALL: 603-623-1122
OR VISIT:
WWW.THEFRIENDSOFLIFE.ORG

LET YOUR LIGHT SO SHINE BEFORE MEN, THAT THEY MAY SEE YOUR
GOOD WORKS, AND GLORIFY YOUR FATHER WHICH IS IN HEAVEN.

MATTHEW 5:16