



In Her Words . . . a client's story

THERE ARE MANY REASONS why I have grown to love and appreciate Real Options/Care Net through the years. It was during my time in college that I found out I was expecting my first child. I was young and in a bad relationship... I was totally scared and didn't know what to do. Real Options provided guidance throughout my pregnancy, gave me information on what to expect and helped me not feel so alone. During one of my classes, I was also invited to a church where my Real Options client advocate attended. It felt great to know that they cared not only for my pregnancy, but also cared for my spiritual health.

I am now pregnant with my second child and it has been almost nine years since my first pregnancy. I knew that this was the community I needed to return to, to help me get back on my feet both physically and spiritually. I was welcomed back with open and caring arms from the entire staff. I'm getting refreshed on all I need to know before the baby comes, and also having my spirits lifted through the staff praying with me while I'm there. I am happy to be able to take parenting classes to earn "mommy dollars" which helps with items that would have been difficult for me to afford right now. These words may not completely express my full gratitude for all that Real Options has done for me and my baby, but I hope they come close.

Samantha

*Samantha gave birth to Jaslyn (see above photo)
in November, 2021.*

Worth Noting!

OVER THE LAST 13 YEARS, data collected from Care Net's affiliate centers (Real Options is one of those reporting centers) demonstrates **97% positive client satisfaction** on average. On a local level, our rating is slightly higher.

During 2021, we served more than 400 individual clients through over 700 visits to the centers. That is a lot of satisfied clients!

We praise God for the positive impact Real Options is having in our communities.

Arise, shine;
For your light has come!

And the glory of the Lord
is risen upon you.

Isaiah 60:1

CURRENT NEEDS

- Diapers - size 3, 4, 5, 6
- Baby body wash
- Baby washcloths
- Handheld steamers





From the Director's Desk

Lindsay Hyvonen, Executive Director

LIGHT IN THE DARKNESS

HAVE YOU EVER BEEN LOST in the darkness? I have. Inexperience, miscommunication, and poor signage were a few of the factors that led to me being lost and alone in the Canadian wilderness in the middle of the night, with sub-freezing temperatures. What should have been a fun, two-hour snowmobile expedition turned out to be a near disaster. Somehow, on that New Year's Eve, I became separated from my party, and somewhere along the way I took a wrong turn. I was alone, afraid, unsure of what to do, and felt great remorse for the poor decisions that led me to where I had found myself.

Do you know that this is exactly how so many of our clients feel when faced with an unexpected pregnancy? Alone, afraid, unsure, and carrying remorse for decisions

leading up to that point. I recently heard one woman compare her experience with an unplanned pregnancy to being lost in darkness or a storm. For her, finding a pregnancy center, such as Real Options, was like finding a light—help in the darkness. God's word speaks a great deal about light and darkness. Jesus is called the Light of the World (John 8:12). He brings deep darkness to light (Job 12:22). He has come into the world as light, so that whoever believes in Him will not remain in darkness (John 12:46). As Christians, we are told to walk as children of light (Ephesians 5:8), that the path of righteousness is like the light of dawn (Proverbs 4:18), and that we are to be like a city set on a hill that cannot be hidden (Matthew 5:14).

Our theme at Real Options this year is cen-

tered around being God's light in the darkness. The abortion industry is a very dark place, full of lies and deception. Abortion leaves destruction, death, and brokenness in its wake. Our hope and prayer is that we can be a light for those facing unexpected pregnancies, and for all of the clients who walk through our doors.

My story about being lost occurred twenty-four years ago, but I remember it like it was yesterday—how I felt sitting there in the pitch black of night with my snowmobile stuck waist deep in the snow, fingers and knee caps completely numb, at the edge of despair, when I first saw distant lights in the darkness. The realization of rescue brought me such hope. I had seen the light and I was found. I came out of my ordeal with minor frostbite and a story to tell, but often finding light in the darkness for our clients can truly mean the difference between life and death.

Please pray for us to brightly shine God's light in 2022. Pray that we can bring hope to those in the darkness. Thank you for your support and for helping Real Options be a beacon of light and life.

Using their talents for the Kingdom



What a blessing it was to our clients and their families when professional photographer **Troy Dondero-Houghton of Creative Focus Photography** offered them a free Christmas photo session!

Call us if you are interested in learning more about volunteering or using your talents at Real Options.



Crossway Christian Church deep cleaned our Nashua center and built some much needed shelves during their "Big Serve." We are so grateful to all of our generous ministry partners who bless us with their gifts, talents and time.

www.realoptionsnh.org (client website) www.TheFriendsofLife.org (donor website)

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Real Options Newsletter is a publication of Crisis Pregnancy Center of Manchester and Nashua dba Real Options. Real Options empowers individuals to make informed, life affirming decisions relating to pregnancy, sexual health and relationships, by sharing the practical love of Jesus. All services are free and confidential.

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2021 Annual Night of Giving Banquet

2021 BANQUET SPONSORS

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|---------------------------------------------------|----------------------------------|
| Agretech | Morning Star Christian Bookstore |
| Bethany Covenant Church | Dick & Gloria Nagel |
| Bridgeway Christian Church | New Life Christian Church |
| Boufford Insurance Agency | New Life Community Church |
| Chestnut Hill Chapel | NH Right to Life Committee |
| Cornerstone | Northeast Planning Associates |
| CrossWay Christian Church | Nancy Palmer |
| Church of the King, Londonderry | Rico & Elsie Petrocelli |
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| Living Hope Church of Manchester | Blake Sutcliffe |
| Meconi Financial Management
& Advisory | Trinity Life Community Church |
| Christopher Michalman, CFP | Village Bible Church of Amherst |
| | David & Lucinda Williams |

What a Night!

A DYNAMIC SPEAKER, fabulous food, the camaraderie of friends, and record-breaking giving . . . all of these things were present at our *Annual Night of Giving Banquet* held on October 22, 2021, at Alpine Grove in Hollis. How exciting to have nearly 300 people join together to support the ministry of Real Options during a wonderful evening of fellowship and friendship.



Our keynote speaker, Rebekah Hagan, passionately shared the story of her own unplanned pregnancy that led her to take the abortion pill (RU-486). Thankfully her story did not end there. Immediately after taking the first of a two-pill process, Rebekah was strongly convicted that she had made a mistake and was able to start the abortion pill reversal protocol. She is now happily married and a mother of four—including the child she almost aborted. Rebekah uses her story of grace to unravel the mindset of women in unplanned pregnancies. She closed the evening saying that, “In NH, where abortion is widely accessible and socially acceptable, God can take what was meant for evil and turn it to good through the work of supporters and centers like Real Options.”



Please go to TheFriendsofLife.org and check out the brand new video we unveiled at the banquet which featured our frontline workers, as well as a moving piece from one of our clients called, “Juliana’s Story.”



PREGNANCY HELP SERVICES

Business Office
110 Main Street
Nashua, NH 03060

A Care Net Center

Non-Profit Org.
U.S. Postage Paid
Nashua, NH 03060
Permit Number 66

RETURN SERVICE REQUESTED

Looking Ahead

Walk for Life: May 7, 2022

Post-Abortion Recovery Group:

Call either center for more information

Baby Bottle Benefit: Can be done anytime—call us!

The *Light Shines* in the *Darkness*

John 1:5

Sanctity of Human Life Month

January 2022

We have the honor of offering hope to those who are struggling to find the true Light – Jesus Christ. Our doors are open to all who struggle with an unplanned pregnancy. Our ultrasound ministry shines light on a new life hidden in the womb. Our abortion recovery program helps to heal the shadows of deep wounds. Our education and support programs provide physical and practical help in dark times. Our men's ministry program helps new and expectant dads find their way. Light drives out darkness as truth and love drive out fear.

You can help us shine God's light on Life!

Pray • Volunteer • Become a Financial Partner • Be a Church Liaison
Host a Baby Shower • Participate in a Baby Bottle Benefit

Real Options  Manchester • Nashua

