



From the Director's Desk
Lindsay Hyvonen, Executive Director

A Day in the Life of Real Options . . . Made Possible by YOU!

Are you looking for good news or a bit of inspiration? Then please read on as I describe a day in the life of this ministry, which is made possible because of you. Your prayers, your material and financial donations, your time: all of it equals life-changing and life-saving work.

The morning started, as it always does, with our staff joining in prayer. It was a busy day, as there were five clients coming in for parenting classes, two scheduled ultrasounds and three pregnancy tests. Along with this, we had a church coming by for a tour and to bring us diapers and other material items they had collected for the ministry. (Praise God!)

I passed by a woman as she walked with the Center Director to the ultrasound room. She was young and beautiful, and exuded energy and life. I had been briefed that morning on her story, along with the others who were coming in for appointments. I knew she was about to have a pivotal, life-changing moment in the ultrasound room where the nurse would introduce her to her baby. I knew she had called and expressed her desire to have an abortion, but despite that fact, she was willing to come and talk to us before she made a decision. I breathed a prayer that God would guide the nurse's hands during the ultrasound, and that this woman's eyes would be opened and she would choose life.

A short time later, the phone rang and it was the Center Director from our other location updating me on a client who had a similar story, except that she also had an appointment scheduled that very same day at an abortion clinic. After seeing her baby on the ultrasound screen she decided to cancel the appointment at the abortion clinic because she chose life! By the end of the day there were four stories (between the two centers) of women who had chosen life!

As I drove home from work that night, I was overwhelmed and humbled to be a witness to the incredible testimony of God's power at work in so many lives. **I imagined the four babies who are still alive because God is at work in this ministry.** Four little ones

will be born, who will never know your names and can never thank you for your support—so please allow me to thank you for them:



Thank you Friends of Real Options for praying, giving, volunteering, and all the other ways you help sustain this ministry of life. Life-saving days like these are truly made possible in part because of you. Be encouraged—you are making a difference, and that is very good news!



Philippians 1:3 "I thank my God upon every remembrance of you."

Before You Decide

We are grateful to be able to offer resources, such as *Before You Decide* magazine, to our clients. This is a life-empowering resource for clients at risk for abortion. With compelling graphics, and documented research, this valuable tool helps women choose life. We recently launched the digital version of this magazine in both centers, so now clients can have access to the information in a more discrete way—on their phones. The feedback so far has been excellent, and one client said the information she found in *Before You Decide* magazine made her think and helped change her mind from wanting an abortion to choosing life! Your support helps us provide these resources. *Thank you!*



Happy Walkers from the Walk for Life 2021

QUESTION: Why Do You Walk?

ANSWER: “I am motivated to walk to help save the lives of babies and share the Gospel. It’s a great blessing to be involved in the annual Walk for Life!”

This question was recently asked to a Top Walker who has consistently had around 200 sponsors support her at the Walk for Life! We are grateful to all of our Walkers for their efforts to support the ministry.



For God, who hath commanded the light to shine out of darkness, hath shined in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ. II Corinthians 4:6

www.realoptionsnh.org (client website)

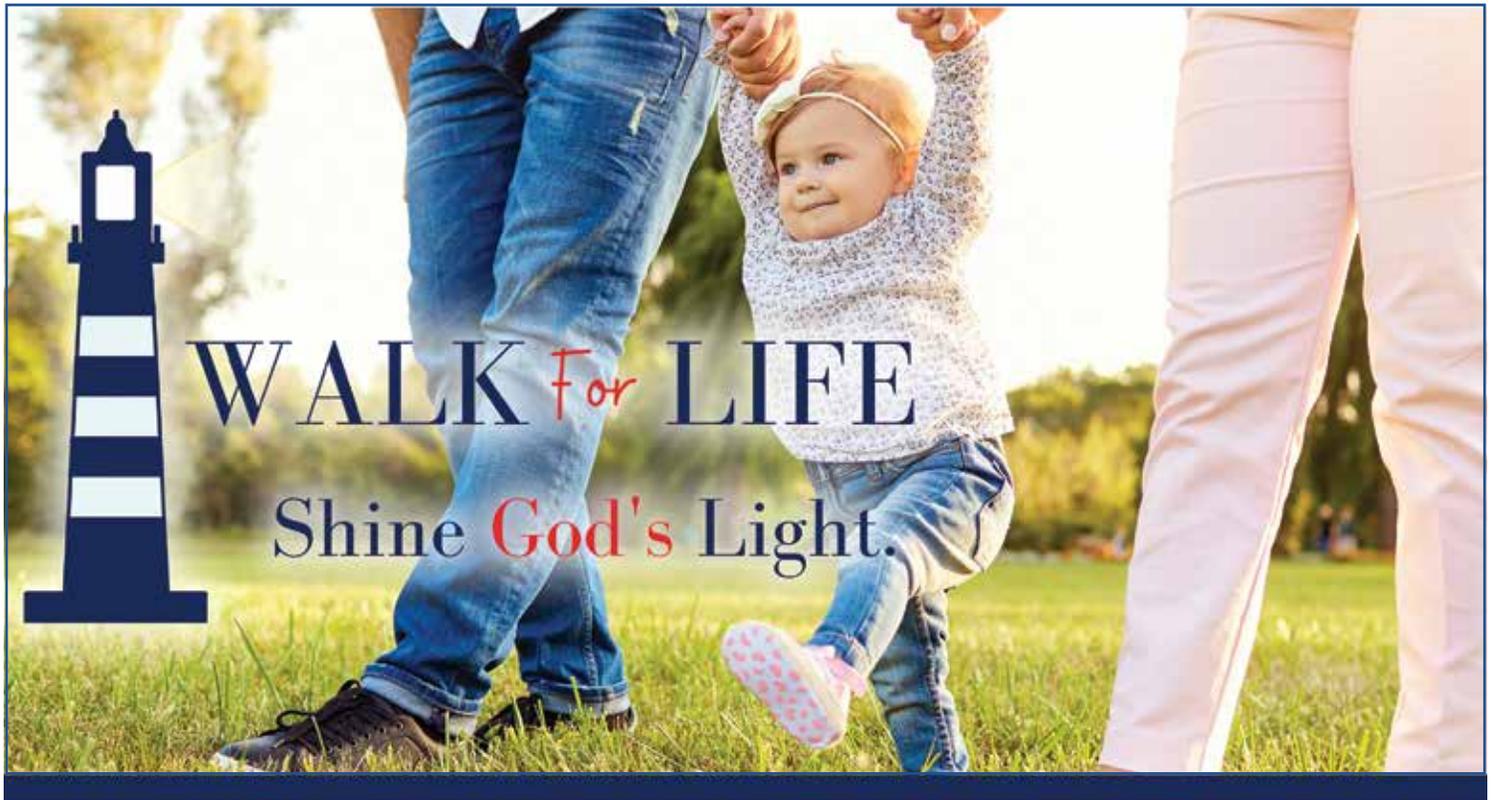
www.TheFriendsofLife.org (donor website)

Manchester
25 Lowell Street • Suite 100
Manchester, NH 03101
603.623.1122
infomanchester@realoptionsnh.org

Nashua
110 Main Street
Nashua, NH 03060
603.883.1122
infonashua@realoptionsnh.org

Real Options Newsletter is a publication of Crisis Pregnancy Center of Manchester and Nashua DBA Real Options. Real Options empowers individuals to make informed, life affirming decisions relating to pregnancy, sexual health and relationships, by sharing the practical love of Jesus. All services are free and confidential.

CPC Board of Directors: Michael Danis, Kathy Edelblut, Dick Nagel, David Spataro, Lynn Thieret, Neil Neveu, Wayne Griffin • Medical Director: Dr. Nicole Varasteh • Nurse Manager: Andrea Almqvist, RN • Executive Director: Lindsay Hyvonen • Center Directors: Crystal Chamberland – Manchester • Deb Moore – Nashua • Editors: Mary Ann & Ed Edman



Saturday, May 7th, 2022

Registration 9:30am • Walk 10:15am

Our TWO centers will walk as ONE.

Trinity Life Community Church • 12 Station Rd • Bedford, NH

Please join us in this fundraising effort, as area churches and supporters come together to impact LIFE in our communities.

To register online or print a sponsor form please visit:

www.thefriendsoflife.org.

If you would prefer to have a sponsor form mailed to you, please give us a call at: (603) 623-1122

Family Fun Event • Live Worship Band

Delicious Refreshments • Great Prizes • 1 or 2 Mile Walk

Unable to participate in the Walk, but would still like to support the event?
Please visit thefriendsoflife.org and click **Donate Now** or mail a check to our Business Office at
110 Main Street, Nashua, NH 03060. Thank you!

Mark Your Calendar:

- **2022 Walk for Life:** May 7th
Combined Walk for Both Centers
- **Annual Banquet:** October 21, 2022
- **Mending Hearts Post Abortion Bible Study:** Call either Center to find out more.
- **Baby Bottle Benefit:** Can be done anytime of year— Call us.

Thank you for raising over \$50,000 during the Baby Bottle Benefit in 2021! We have raised over \$23,000 so far in 2022!

INTERESTED IN VOLUNTEERING?

Call either Center for more information.

They Said It (Client Quotes)

You could have told me 100 times I was pregnant, but seeing it on the ultrasound screen is totally different.

When I saw my baby's head (on the ultrasound screen), I was thinking I cannot abort my baby.

I really feel like God brought me here today.

What I enjoyed most about coming to Real Options today was praying together and hearing about God and Jesus.

I like that I was able to get my appointment quickly—that I was actually able to speak with someone who listened and wanted to help me. Even after hours you guys were available!